

Terry Manor
Senior Apartments

CLIENT SHOWCASE

TERRY MANOR APARTMENTS

Los Angeles, CA

SERVICES PROVIDED BY ARDENT FITNESS:

- ExoFit outdoor strength equipment, full circuit
- ExoFit Accessible Chest/Lat Combo, Lat Pull Down, Row Machine, 2-Person Leg Press, Squat Machine, and Sit-up Bench
- General guidelines signage and protective base covers
- Freight, liftgate delivery, and curbside drop
- Expert delivery, assembly, and surface-mount installation to concrete pad

Terry Manor wanted to give residents a real place to train without giving up green space; Ardent Fitness brought the gym outside. We outfitted the South Vermont Avenue community with a full ExoFit outdoor strength circuit, built to live in the open air and hold up to daily, shared use.

The setup makes the most of the courtyard residents already walk through every day. Instead of a single machine tucked in a corner, the circuit gives them a complete strength workout: chest, back, legs, and core, spaced across a clean concrete pad with room to move between stations.

Outdoor equipment has to do more than look good on a sunny afternoon. It has to shrug off sun, rain, and years of hands on it. The ExoFit line is built for exactly that, with weather-rated finishes, sealed moving parts, and no electronics to fail. Every piece arrived ready for the elements and the everyday traffic of an apartment community.

The ask was simple: deliver the equipment, bolt it down safely, and leave a space residents actually want to use. We handled the freight, the curbside delivery, and the install, anchoring each station to the pre-existing pads so nothing shifts underfoot.





One Machine, Two Workouts

The ExoFit Accessible Chest/Lat Combo gives residents a full upper-body session at a single station. Press out for chest, pull in for back, all on weight-plate resistance that runs smooth and quiet in any weather. The bright green frame stands out against the courtyard without looking out of place.



Lower-Body Strength, Built to Last

The ExoFit Squat Machine lets residents train legs with a guided, joint-friendly motion and an adjustable setup that fits a range of body types. The cushioned seat and backrest keep form honest, while the sealed pivots are made to handle the open air year-round.



Room to Stretch and Reset

Every well-run fitness space starts with clear ground rules, and this Fitness Zone sign puts them right where residents can see them. It covers safe use, age guidance, and quick instructions for the circuit, all on a weatherproof panel built to stay legible through sun and rain.



Pull Strength in the Open Air

The ExoFit Lat Pull Down brings a gym-floor staple outdoors. Residents sit, grip, and pull through a full range of motion to work the back and shoulders, with weight-plate resistance that needs no power and no fuss. The seat and footing keep it stable through every rep.



Two Residents, One Station

ExoFit 2-Person Leg Press doubles the capacity of the busiest spot in any gym. Two people press at once, each on their own side, so the circuit keeps moving even during peak hours. Built heavy, anchored solid, and ready for back-to-back use.



Core Work, Anchored and Ready

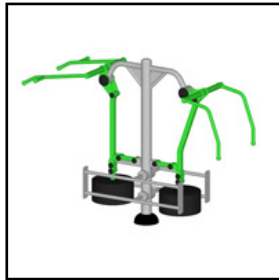
The ExoFit Sit-up Bench gives residents a dedicated spot for core training, with a textured, slip-resistant surface and padded foot anchors that hold steady through every set. Low to the ground and built tough, it fits naturally into the flow of the circuit.



A Complete Pull, Outdoors

ExoFit Row Machine closes the loop on the circuit, working the back, arms, and grip with a smooth pulling motion on plate-loaded resistance. Like the rest of the lineup, it's built to take the weather and the daily traffic of a community that shows up.

EQUIPMENT PROVIDED



EXOFIT
DC II Accessible
Chest/Lat Combo



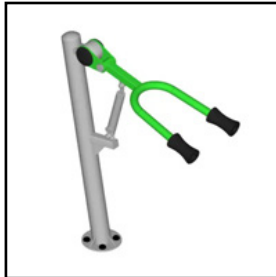
EXOFIT
PDC Lat Pull Down



EXOFIT
SWR Row Machine



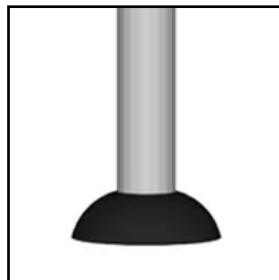
EXOFIT
SLP II 2-Person Leg Press



EXOFIT
RSS Squat Machine
(Adjustable)



EXOFIT
SSUB Sit-up Bench




EXOFIT
Base Covers



EXOFIT
Bolt Covers

CREATE YOUR FITNESS SPACE

From outdoor fitness circuits like Terry Manor to multi-family housing gyms, medical and rehab facilities, university fitness centers, and luxury home spaces, Ardent Fitness handles every step of the process, from space planning and design to equipment selection, custom flooring, delivery, installation, and ongoing service.

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